



ACTIVITY - 1 My Nature Journal

Let's see what we have learnt from the virtual nature trail and how observant have you been throughout the video.

i. Write YES or NO against the practices that we all must follow when we observe plants and animals, or explore a local biodiversity-rich area. These simple and universal steps ensure that we are responsible and empathetic towards nature and other living organisms.

	Yes/No		Yes/No
1. A notebook and a pencil to record your observations.	<input type="checkbox"/>	11. The rule of 'Leave no Trace behind.'	<input type="checkbox"/>
2. A toy to play with when you get bored.	<input type="checkbox"/>	12. A box to catch small animals/insects.	<input type="checkbox"/>
3. A storybook to read.	<input type="checkbox"/>	13. A bag to collect leaves and twigs.	<input type="checkbox"/>
4. Full clothes to avoid mosquito bites.	<input type="checkbox"/>	14. Go on the trail alone.	<input type="checkbox"/>
5. Some healthy snacks/eatables.	<input type="checkbox"/>	15. Accompany an adult or an expert.	<input type="checkbox"/>
6. A water bottle.	<input type="checkbox"/>	16. Pick up plastic wrappers/bottles & throw them in a dustbin.	<input type="checkbox"/>
7. Keen eyes to observe colours, shape, size and movement.	<input type="checkbox"/>	17. Make a list of questions to learn more.	<input type="checkbox"/>
8. Alert ears to hear all kinds of sounds.	<input type="checkbox"/>	18. Share your experience with others.	<input type="checkbox"/>
9. Sensitive nose to distinguish between different smells.	<input type="checkbox"/>	19. Wear bright colour clothes.	<input type="checkbox"/>
10. Respect nature and other living things.	<input type="checkbox"/>	20. Make loud noises during the trail.	<input type="checkbox"/>

Watch the video again to know the correct answers.

ii. Write an interesting fact you learnt on the trail.

